

Delivering the Health and Well-Being strategy – priorities for residents

The Joint Health and Wellbeing Strategy is a plan that aims to improve the health and wellbeing outcomes for residents and those who come into the Borough. It focuses on key areas of local health and wellbeing priorities and also includes measurements for how we perform in improving these priorities. The three priorities identified in the development of this strategy are:

- Supporting a Healthy Population
- Prevention and Early Intervention
- Enable Residents to Maximise their Capabilities and Life Chances

This is the main document that drives the work of adult services therefore we need to ensure that the services we fund are aligned to the priorities that have been set out by residents. Adult social care is also facing big changes with new legislation (Care Act) being introduced from April 2015 along with targets associated with the Better Care Fund. We need to look at how we meet these requirements through the range of funding we have available. Therefore the grants process this year will focus on key aspects of delivering the Health and Well-being strategy as well as the Care Act and Better Care Fund priorities. Applications will need to demonstrate how they support one or more of the priorities identified below (recognising some will have cross cutting impact).

For more information please visit:

<http://www.rbwm.gov.uk/web/jhws.htm>

<http://careandsupportregs.dh.gov.uk/>

1. Supporting a healthy population

a) Developing community networks

Offering older people, people with learning disabilities, physical disabilities and mental health issues opportunities to engage with their community and prevent loneliness

- social activities/opportunities in the community suitable for older people, people with learning disabilities, physical disabilities and mental health issues
- opportunities for older people, people with learning disabilities, physical disabilities and mental health issues to use their knowledge and skills to benefit other members of their community

Developing services to connect the most isolated adults with community services

- outreach to help people match their personal interests with suitable opportunities to strengthen community connections and networks
- practical support to access community services (e.g. transport, companionship)

b) Promoting wellbeing

- Services that promote healthy and active lifestyles
- Emotional support and peer support groups
- Services that support participation in work, education, training or recreation
- Services that support social and economic well-being e.g. benefit maximisation

2. Prevention and Early Intervention

a) Preventing or delaying the needs for care and support, supporting people to live as independently as possible

- Services to help people retain or regain skills and confidence
- Developing resilience and promoting individual strength e.g. stress management
- Falls prevention activities
- Training to ensure individuals are able to manage their own health and well-being effectively (self care)

3. Enable Residents to Maximise their Capabilities and Life Chances

a) Information, Advice & Advocacy

Ensuring adults with care needs can access information about types of service likely to be relevant to them, specific support available locally, and how to access this.

Provide advice on how to navigate care and support services.

- Services for groups who need particular support to understand their care options, e.g. people with dementia, sensory needs, or those with language/communication difficulties.
- Encourage and simplify referrals into community support from other agencies, e.g. from homecare into befriending services.

Provide independent advocacy for adults with care needs and informal carers who require this to support needs assessments or reviews so that they have a voice and real choice and control over their support

Offer self- advocacy and training in peer support for adults with care needs, and informal carers, to develop their ability to express choice and control

b) Valuing and supporting carers

Raise proportion of carers accessing information advice or support services

- Raising awareness of carers and caring to improve identification and the accessibility of services to different groups of carers
- providing a gateway to services for all carers, tailoring approaches to reach hidden carers

Empower carers to make choices and to manage their caring role including effective signposting into other services and advocacy as appropriate

- supporting carers to access training to help manage caring
- supporting carers to realise their education or employment potential
- facilitating peer support between carers

Support carers to take breaks from caring

- Offering alternative/respite care for people who normally rely on an unpaid carer, especially those with little or no access to other breaks

Guidance for applicants

Please state which priority area outlined in the associated adult services guidance your service will address and how.

What is the likely impact of this service and what supporting evidence is there for this? (e.g. reduction in emergency admissions to hospital or residential care, reduced social isolation, increased independence)

Please describe how your proposal fits into the broader plans and priorities of the key players in your local health and care system.

Please describe how you might work in partnership with other local organisations to deliver the services outlined.